

**Pure wonder™**

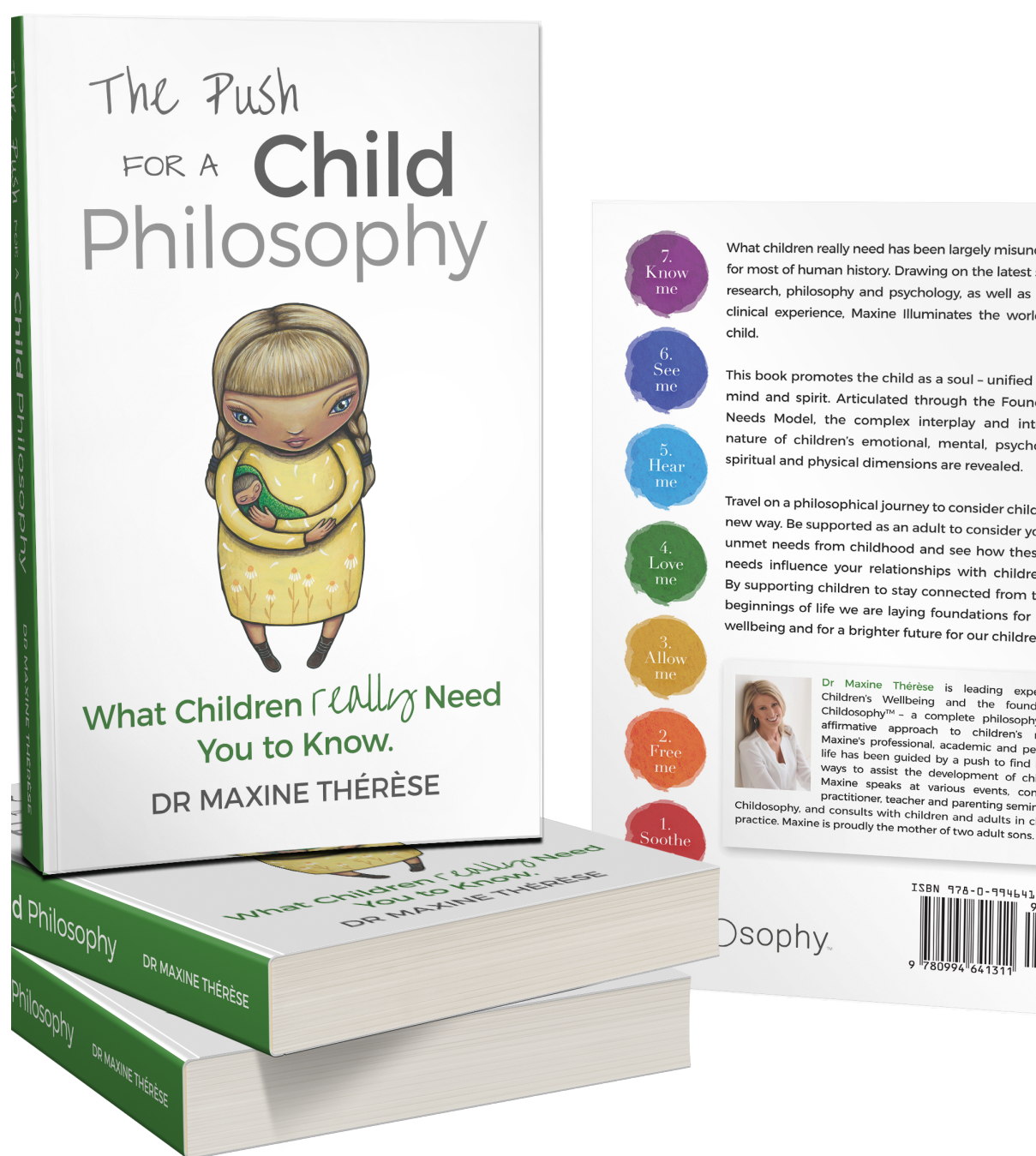
**wellbeing**



**childosophy™**



Children's Wellbeing  
Range



# Parenting Book

## The Push for a Child Philosophy

The book draws on the latest scientific research, philosophy, and psychology as well as Maxine's own clinical experience.

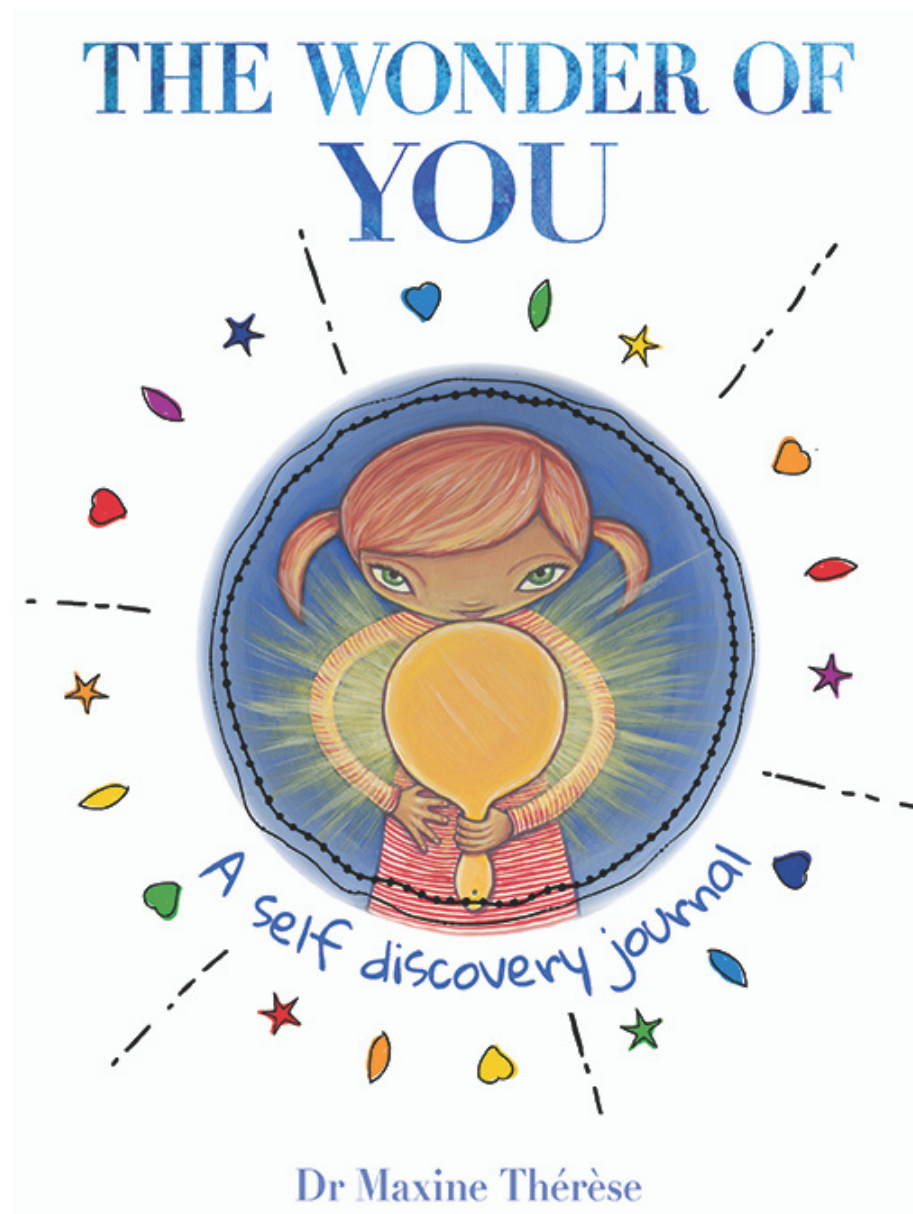
This book promotes the child as a soul - unified in body, mind, and spirit. Articulated through the Foundational Needs Model, the complex interplay of the emotional, mental, psychological, spiritual and physical dimensions are revealed. Travel on a philosophical journey to consider children in a new way. Be supported as an adult to consider your own unmet needs from childhood and see how these same needs influence your relationship with children now.

By supporting children to stay connected from the very beginning of life we are laying the foundations for lifelong wellbeing and for a brighter future for our children.

Coming soon to audio book.

**W/S \$23.97**

**RRP \$39.95**



# Self Discovery Journal

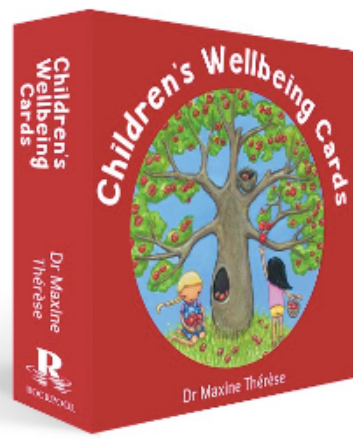
The wonder of You!

This journal has been designed to prompt wonder in your child about why they feel certain things, and what their feelings, thoughts and emotions mean to them. It helps children understand that when they experience certain behaviours that seem uneasy or problematic for them, they can be in the wonder of what Foundational Need requires attention.

By using the journal your children will begin to identify and heal their own specific unmet needs, and also learn a language to communicate their feelings and thoughts with ease.

**W/S \$23.97**

**RRP \$39.95**



# Children's Wellbeing Cards

Our Children's Wellbeing cards are designed with the intention of lovingly supporting children to affirm each of their important needs.

Each card addresses a dimension of one of the 7 foundational needs of being human in a way that resonates with children and the child within all of us.

There are 28 cards (four for each of the seven needs) as well as a guidebook that has a reading of each card. The cards assist both adults and children to become more aware of their needs and offer a way to encourage and affirm these needs in a simple way. The illustrations are by Melanie Elderfield.

**W/S \$17.97**

**RRP \$29.95**



# Wellbeing Chart

The Children's Wellbeing Chart assists parents to easily identify the unmet needs beneath their children's symptoms, behaviours and issues. The chart outlines the 7 foundational needs of children as well as the imbalances that most commonly occur when these needs are not met.

There are also techniques and tips listed on the chart that offer solutions to help your children rebalance and return to a state of wellbeing.

The chart is available in A1 and A2 sizes.

**A2 W/S \$26.97**

**A2 RRP \$44.95**



# Flower Essences

## Children's Wellbeing Essences

Childosophy Flower Essences are traditional flower essences that support the body's natural healing processes. Flower essences are like food for a child's soul.

The inherent energetic properties of flowers offer significant support in nurturing the emotional needs of children. These unique flower blends were created to address particular themes of wellbeing –The Foundational Needs that are common to all children. The essences were created specifically to support children to find an inner balance in their day-to-day lives.

Made by Himalayan Flower Enhancers for Childosophy

**Box set**  
**W/S \$105. RRP \$175**  
**Individual**  
**W/S \$14.97. RRP \$24.95**



# Essential Oils

## Pure Wonder Wellbeing Essential Oil Range

This range of organically sourced 100% pure Essential Oil Blends has been designed by Aromatherapy leading experts Pat Princi-Jones and Mirella Chiodo in collaboration with Dr Maxine Therese'.

Each blend has been designed with meticulous detail to selecting which oils will have the most therapeutic benefit in bringing mind/body/spirit back into balance in the corresponding Foundational Need. Each has its own divine aroma that evokes in the end user the mental, physical and emotional experience of feeling balanced and calm in the body.

This Essential Oil range is available as a 10 ml bottle of pure essential oil which can be diffused or blended with a carrier oil for massage; and also as a roll on which has already been blended in a 100% pure base oil to allow for direct application.

**W/S 14.97. RRP 24.95**





# Wellbeing CD

## Pure Wonder Wellbeing CD & Download Series

This collection of Meditations, Activations, Affirmations, Poems, Songs and Music were created by Dr Maxine Therese' in collaboration with composer Adelle Gregory and lyricist Justine Caliste.

Each piece has been designed to use the wisdom, healing and empowering properties of music and word to allow the listener to rebalance in alignment with the Foundational Needs.

Part of an ongoing Series of releases, each track/CD is specifically designed to align to a particular age group and the needs most prevalent for that developmental age.

The recordings have been expertly sound engineered by Ben Anderson. These acoustic pieces use piano and voice, allowing the listener to rebalance and emerge from each piece centred in their inner wisdom and wonder.

**W/S \$17.97. RRP \$29.95**



# Yoga Meditation Mats

## PURE WONDER yoga/meditation Mats

Our beautiful eco-friendly yoga mat is double sided. On the front of the mat is our signature 7 Pure Wonder Yoga poses on cork. Our original watercolour art 'Rainbow of Needs' is printed on the reverse side. This mat doubles as a yoga practice and meditation mat that children adore!

Our double sided mats are unique in the children's wellbeing market. They are a superior option because they are eco-friendly, nonslip, antimicrobial, easy to clean, lightweight, durable and high performance.

**W/S \$66 RRP \$110**



*Children's Wellbeing  
Range*

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